





My *Lonsurf*[®] Dosing Calendar



trifluridine/tipiracil

Patient's name: _____ Next appointment: _____

Date of next blood test: _____

TO BE COMPLETED BY THE PRESCRIBING DOCTOR OR PHARMACIST

			
	15mg	20mg	
 Number of tablets Morning dose	<input type="text"/>	<input type="text"/>	Total morning dose (mg) <input type="text"/>
 Number of tablets Evening dose	<input type="text"/>	<input type="text"/>	Total evening dose (mg) <input type="text"/>

DAY OF WEEK	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
DAY OF CYCLE	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
DATE	/ /	/ /	/ /	/ /	/ /	/ /	/ /
Week 1	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NO LONSURF TODAY	NO LONSURF TODAY
DAY OF CYCLE	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
DATE	/ /	/ /	/ /	/ /	/ /	/ /	/ /
Week 2	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NUMBER OF TABLETS 15mg 20mg  <input type="text"/> <input type="text"/>  <input type="text"/> <input type="text"/>	NO LONSURF TODAY	NO LONSURF TODAY
DAY OF CYCLE	DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
DATE	/ /	/ /	/ /	/ /	/ /	/ /	/ /
Week 3	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY
DAY OF CYCLE	DAY 22	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 28
DATE	/ /	/ /	/ /	/ /	/ /	/ /	/ /
Week 4	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY	NO LONSURF TODAY

IMPORTANT!

Tell your prescribing doctor or pharmacist as soon as possible if you do not feel well while taking LONSURF. This includes any signs of fever, chills sweating or other sign of infection.

Don't forget a blood test is required before you see your oncologist.

About LONSURF

LONSURF is used to treat colon or rectal cancer by slowing down the growth and spread of cancer cells.

Taking the right dose

- Your doctor will decide the right dose for you – the dose depends on factors such as your weight, height and health
- Your doctor will tell you how many tablets to take for each 4 week cycle of LONSURF
- You will take a dose 2 times a day **on specified treatment days only**

About treatment cycles

You will take LONSURF for 5 days during each of the first 2 weeks, and then have 2 weeks off. This 4 week period is called a 'cycle.' The specific dosing schedule is as follows:

Week 1	Take the LONSURF dose <i>2 times a day for 5 days</i> Then have 2 days off – No LONSURF
Week 2	Take the LONSURF dose <i>2 times a day for 5 days</i> Then have 2 days off – No LONSURF
Week 3	No LONSURF
Week 4	No LONSURF



Your doctor will then review your dose and plan the next 4 week cycle.

Questions for my prescribing doctor: (please bring this to your next appointment)

How to take LONSURF

Always take LONSURF exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

LONSURF comes in two strengths. Your doctor may prescribe a combination of white and pale red tablets.

-  **A white tablet that contains 15 mg of trifluridine and 6.14 mg of tipiracil**
-  **A pale red tablet that contains 20 mg of trifluridine and 8.19 mg of tipiracil**

Tips for taking LONSURF

- Swallow the tablets whole with a glass of water
- Take LONSURF immediately after your morning and evening meals, or within one hour after completion of your morning and evening meals.
- Wash your hands after handling LONSURF

If you forget to take LONSURF

- If you forget a dose, talk to your doctor or pharmacist
- Do not take a double dose to make up for a forgotten dose

For further information about LONSURF, see **Consumer Medicine Information (CMI)** which is available from your doctor or pharmacist or at www.servier.com.au or by telephoning 1800 153 590.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in the CMI.

LONSURF[®] is licensed to Servier by Taiho, co-developed globally and marketed in their respective territories.



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